

Week 1

PS and Nursery menu

April 2022

WC – 18th April, 9th & 30th May, 20th June, 11th July, 1st & 22nd August, 12th September, 3rd & 24th October, 14th November, 5th December

TRAYS	MONDAY Meat free Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Lentil Soup	Lentil Soup	Lentil Soup	Lentil Soup	Lentil Soup
Red Tray Includes soup or pudding and salad bar	Tomato Pasta Seasonal Salad	Cheese and Tomato pizza Ovenbaked Potato Wedges Seasonal salad	Steak Pie Mashed potato Seasonal Vegetables	Macaroni Cheese Peas and sweetcorn	Breaded Fish Fillet Chips Baked Beans
Blue Tray Includes soup or pudding and salad bar	Savoury Rice with Vegan chicken Korma Sauce	Jacket potato Coronation Chicken Seasonal Salad	Vegan Chicken and Gravy Mashed Potato Seasonal Vegetables	Vegan Chilli Rice	Quorn Sausage Chips Baked Beans
Green Tray Includes soup and pudding and salad bar	Cheese Roll	Tuna Wrap	Cheese Panini	Ham Sandwich	Chicken Roll
Pudding	Vanilla Ice Cream or Fruit / Tinned Fruit	Fruit / Tinned Fruit	Yogurt or Fruit / Tinned Fruit	Chocolate Muffin Fruit / Tinned Fruit	Fruit / Tinned Fruit
Salad Bar	Grated Carrot Sweetcorn	Cucumber Beetroot	Rice with Peas and Corn Cherry Tomatoes	Cucumber Mixed Salad	Carrot Rounds Pickled Onions

Week 2

WC - 25th April, 16th May, 6th & 27th June, 18th July, 8th & 29th August, 19th September, 10th & 31st October, 21st November, 12th December

TRAYS	MONDAY Meat Free Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Lentil Soup	Lentil Soup	Lentil Soup	Lentil Soup	Lentil Soup
Red Tray Includes soup or pudding and salad bar	Cheesy Cauliflower and Broccoli Pasta Bake Seasonal Vegetables	Chicken Korma Rice Seasonal Vegetables	Gammon and Pineapple Oven Baked Potato Wedges Sweetcorn	Haggis Neeps Tatties	Breaded Salmon Fish Fillet Chips Baked Beans or Peas
Blue Tray Includes soup or pudding and salad bar	Cheese and Tomato pizza Ovenbaked Potato Wedges Cucumber Slices	Jacket potato Cheese or Tuna Seasonal Salad	Spicy Tomato Pasta Garlic Bread	Vegetarian Haggis Neeps Tatties	Chicken Sausage Chips Baked Beans or Peas
Green Tray Includes soup and pudding and salad bar	Egg Roll	Hummus Salad Wrap	Tuna Sandwich	Chicken Burger Roll	Cheese sandwich
Pudding	Fruit / Tinned Fruit	Highlander Biscuit or Fruit / Tinned Fruit	Fruit / Tinned Fruit	Apple Crumble and Custard or Fruit / Tinned Fruit	Yogurt or Fruit / Tinned Fruit
Salad Bar	Grated Carrot Pickled Onions	Cucumber Sweetcorn	Rice Salad Potato salad	Cucumber Coleslaw	Tuna Pasta Grated carrot

WEEK 3

WC – 2nd & 23rd May, 13th June, 4th & 25th July, 15th August, 5th & 26th September, 17th October, 7th & 28th November, 19th December

TRAYS	MONDAY Meat Free Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Lentil Soup	Lentil Soup	Lentil Soup	Lentil Soup	Lentil Soup
Red Tray Includes soup or pudding and salad bar	Macaroni Cheese Peas and Sweetcorn	Cheese and Tomato pizza Ovenbaked Potato Wedges Seasonal Salad	Beefburger Thin Fries Coleslaw	Roast Chicken Dinner Yorkshire pudding Mashed Potato Seasonal Vegetables	Breaded Fish Fillet Chips Peas
Blue Tray Includes soup or pudding and salad bar	Fried Rice with Vegan chicken Sweet and Sour sauce Garlic Bread	Jacket potato Cheese or Tuna Seasonal Salad	Vegan Curry Rice	Tomato Pasta Pot Garlic Bread Seasonal Salad	Italian Bean Bake Seasonal Vegetables
Green tray Includes soup and pudding and salad bar	Hummus Baguette	Chicken Lorne Roll	Tuna Wrap	Ham Roll	Cheese Panini
Pudding	Anzac Biscuit or Fruit / Tinned Fruit	Yogurt or Fruit / Tinned Fruit	Jammy Dodger Biscuit or Fruit / Tinned Fruit	Fruit / Tinned Fruit	Fruit and Custard
Salad Bar	Grated Carrot Beetroot	Tuna Pasta Pickled Onions	Cucumber Sliced Tomato	Potato Salad Sweetcorn	Carrot Rounds Salad

