

# Week 1 2021 - 2022

# Lunch menu

WC – 23<sup>rd</sup> August, 13<sup>th</sup> September, 4<sup>th</sup> & 25<sup>th</sup> October, 15<sup>th</sup> November, 6<sup>th</sup> December

TRAYS	MONDAY Meat free Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Soup</b>	Lentil Soup	Lentil Soup	Lentil Soup	Split Pea Soup	Lentil Soup
<b>Red Tray</b>	Cheese and Tomato pizza Ovenbaked Potato Wedges Seasonal salad	Chicken Korma Rice Peas	Minced Beef Pie Mashed potato Carrots	Macaroni Cheese Peas and sweetcorn	Bubble Fish Fillet Chips Cucumber Rounds or Baked Beans
<b>Blue Tray</b>	Quorn sausage Ovenbaked Potato Wedges Baked Beans	Jacket potato Tuna or Baked Beans Seasonal Salad	Tomato Pasta Garlic Flavoured Bread Seasonal Salad	Chicken Fried Rice Garlic Flavoured Bread	Vegetable Quiche Seasonal Salad Crusty Bread
<b>Green Tray</b>	Egg Roll	Cheese sandwich	Chicken Roll	Tuna Wrap	Ham Baguette
<b>Pudding</b>	Biscuit or Fruit / Tinned Fruit	Yogurt or Fruit / Tinned Fruit	Vanilla Sponge or Fruit / Tinned Fruit	Fruit / Tinned Fruit	Peach Crumble or Fruit / Tinned Fruit
<b>Salad Bar</b>	Beetroot Cucumber	Cherry Tomatoes Grated Carrot	Cucumber Sweetcorn	Sliced Tomato Beetroot	Carrot Rounds / Sticks Cucumber

# Week 2

WC – 30<sup>th</sup> August, 20<sup>th</sup> September, 1<sup>st</sup> & 22<sup>nd</sup> November, 13<sup>th</sup> December

TRAYS	MONDAY Meat Free Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Soup</b>	Lentil Soup	Tomato Soup	Lentil Soup	Split Pea Soup	Lentil Soup
<b>Red Tray</b>	Tomato Pasta Garlic Focaccia Seasonal Salad	Savoury Mince Beef Mashed Potato Broccoli	Sausage Roll Ovenbaked Potato Wedges Mixed Vegetables	Breaded Chicken Burger Roll Coleslaw Salad	Salmon Fish Fingers Chips Baked Beans or Peas
<b>Blue Tray</b>	Jacket potato Quorn Chilli	Quorn Sausage and Gravy Mashed Potato Broccoli	Quorn Sausage Roll Ovenbaked Potato wedges Mixed Vegetables	Jacket potato Tuna or Baked Beans Seasonal Salad	Savoury Rice Curry Sauce Crusty Bread
<b>Green Tray</b>	Cheese Panini	Egg Roll	Tuna Wrap	Cheese Toastie	Chicken Roll
<b>Pudding</b>	Yogurt or Fruit / Tinned Fruit	Spongecake or Fruit / Tinned Fruit	Fruit / Tinned Fruit	Ice Cream tub or Fruit / Tinned Fruit	Oatie Biscuit or Fruit / Tinned Fruit
<b>Salad Bar</b>	Beetroot Cucumber	Cherry Tomatoes Grated Carrot	Cucumber Sweetcorn	Sliced Tomatoes Beetroot	Carrot rounds / sticks Cucumber

**WC – 6<sup>th</sup> & 27<sup>th</sup> September, 18<sup>th</sup> October, 8<sup>th</sup> & 29<sup>th</sup> November, 20<sup>th</sup> December**

TRAYS	MONDAY Meat Free Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Soup</b>	Lentil Soup	Lentil Soup	Lentil Soup	Split Pea Soup	Lentil Soup
<b>Red Tray</b>	Macaroni Cheese Broccoli and Peas	Roast chicken and Gravy Mashed potato Seasonal vegetables	Spaghetti Bolognese Garlic Bread Seasonal Salad	Cheese and Tomato Pizza Ovenbaked Potato Wedges Sweetcorn	Bubble Fish Chips Baked Beans or Peas
<b>Blue Tray</b>	Beans and Toast	Tomato Pasta Pot Garlic Flavoured Bread Seasonal Salad	Jacket potato Tuna or Baked Beans Seasonal Salad	Savoury Rice Sweet and Sour Sauce Crusty Bread	Quorn Chilli Rice
<b>Green tray</b>	Egg Roll	Beef Burger Roll	Cheese Panini	Tuna Wrap	Chicken Roll
<b>Pudding</b>	Biscuit or Fruit / Tinned Fruit	Yogurt or Fruit / Tinned Fruit	Carrot cake or Fruit / Tinned Fruit	Chocolate Muffin or Fruit / Tinned Fruit	Fruit / Tinned Fruit
<b>Salad Bar</b>	Beetroot Cucumber	Cherry Tomatoes Grated Carrot	Cucumber Sweetcorn	Sliced Tomato Beetroot	Carrot Rounds / Sticks Cucumber

