



## **Sun Awareness and Protection Policy**

Version 2021/05

## Version History

Version	Date	Author	Changes
Initial			Initial Version (separated from Administration of Medication Policy)

# Sun Awareness and Protection Policy

## Statement of Purpose

Early learning and childcare settings need to be aware of the importance of protecting children from the sun. Both children and staff should apply sunscreen, be encouraged to wear protective clothing, drink water and stay in the shade as far as possible. Staff should be good role models for the children in relation to sun safety.

## Sunscreen

On sunny days parents should apply sunscreen at home prior to bringing their child to nursery. Sunscreen will be reapplied when appropriate (usually after lunch). If the cream is to be applied by the setting, consent will be obtained from the parent (via enrolment form). Parents should provide a supply of sunscreen for the setting to use (see [NHS guidance](#) on what factor sunscreen should be used). Staff should record when the cream was applied to ensure correct procedures in relation to the application of the sunscreen are being followed.

Children will be encouraged to put on sunscreen themselves (with staff supervision and support). Staff should monitor that the appropriate amount of sunscreen is applied (eg an adult needs about two teaspoonfuls to cover their face and upper arms). Sunscreen will be reapplied regularly as it rubs, sweats and washes off easily.

To minimise the risk of the spread of infection sunscreen will not be shared among children<sup>1</sup>. When applying sunscreen to multiple children staff will ensure hands are cleaned before each application.

## Appropriate Clothing

Children should wear clothing that provides good protection from the elements. In very hot and sunny weather, for example, sun hats, long sleeved tops and sunglasses will be necessary. Information in relation to sun awareness and protection will be made available to parents through newsletters and on our website.

## Outdoor Activities

At Cambusbarron Village Nursery we spend a significant amount of time outdoors every day. On very sunny or hot days outdoor activities will be held in the shade as far as possible. Children will be encouraged to drink water regularly and parents may wish to supply a water bottle for this purpose. When possible children who do not wish to go outside will be able to stay indoors.

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<sup>1</sup> If a child does not have sunscreen staff make have to take the option of applying "nursery" sunscreen to prevent sunburn